

BAD FOR YOU

Choreography: Bad for you

Choreographer: Federica Dall'Aglio

Music: "Deserve" by Tom O'Connor (feat. Luke Combs)

Level: intermediate(56 counts), 2 walls, 1 restart; 2 tags

1st sequence: kick (x2), coaster step, long step, stomp, shuffle back

1-2 kick r fwd, kick r to the r

3&4 step back r, l beside r, step r fwd

5-6 step l fwd, stomp r beside l

7&8 step l back, lock r over the l, step l back

2nd sequence: kick (x2), turn, coaster step, step turn, stomp, step, stomp

1-2 kick r fwd, $\frac{1}{4}$ turn to the r, kick r fwd

3&4 step back r, l beside r, step r fwd

5-6 $\frac{1}{4}$ turn to the r with step l, stomp-up r beside l

7-8 step side r to the r, stomp l beside r

3rd sequence: rock step, sailor step, long step, stomp, coaster step

1-2 step r to the r, recover on the l

3&4 r behind l, step l to the l, step r beside l

5-6 step l fwd, stomp r beside l

7&8 step back l, r beside l, step l fwd

4th sequence: rock turn, rock, coaster step, scissor step (x2)

1-2 rock r fwd, $\frac{1}{2}$ turn to the r, rock r fwd

3&4 step back r, l beside r, step r fwd

5&6 rock side l to the l, cross l over the r

7&8 rock side r to the r, cross r over the l

5th sequence: kick-ball touch (x2), heel turn, hook, shuffle

1&2 kick l diagonal to the l, recover on the l, touch r behind l

3&4 kick r diagonal to the r, recover on the r, touch l behind r

5-6 $\frac{1}{2}$ turn to the l, heel l fwd, hook l over the r

7&8 step l fwd, lock r behind the l, step l fwd

6th sequence: out-out, in, step turn, stomp (x2), kick (x2), step back

&1-2 step r diagonal fwd, step l diagonal fwd, step r back

3-4 $\frac{1}{2}$ turn to the l, step l fwd, stomp r fwd

5-6 stomp l fwd, kick r fwd

7-8 kick r fwd, step r back

7th sequence: rock step, vaudeville, pivot, stomp (x2)

1-2 rock l diagonal back to the l, recover on the r

3&4 l over the r, open r to the r, heel l diagonal l

5-6 step r fwd, $\frac{1}{2}$ turn to the l

7-8 step r fwd, step l fwd

TAG 1 (8 counts)

1st sequence: out-out, in-in, rocking chair

1-2 step r diagonal fwd, step l diagonal fwd

3-4 step r back, step l back

5-6 rock r fwd, recover on the l

7-7 rock r back, recover on the l

TAG 2 (32 counts)

1st sequence: stomp, hold (x3), stomp, hold (x3)

1-2 stomp r, hold

3-4 hold, hold

5-6 stomp l, hold

7-8 hold, hold

2nd sequence: slide (x2)

1-2 step r to the r, slide l to the r

3-4 slide l to the r, close together

5-6 step l to the l, slide r to the l

7-8 slide r to the l, close together

3rd sequence: grapevine (x2)

1-2 open r to the r, cross l behind r

3-4 open r to the r, scuff l beside r

5-6 open l to the l, cross r behind l

7-8 open l to the l, scuff r beside l

4th sequence: hold (x4), cross, unwind

1-2 hold, hold

3-4 hold, hold

5-6 cross r over the l, full turn to the l

7-8 full turn to the l

SEQUENCE

WALL 1, TAG 1, WALL 2, WALL 3 RESTART AFTER 16 COUNTS, WALL 4, TAG 1, WALL 5, WALL 6 TAG 2 AFTER 32 COUNTS, WALL 7, WALL 8