



## **“Seven Years”**

### **VII Workshop Lloret-Costa Brava 2020**

**Author/s:** The Dreamers (Maria, Cati, Silvia & Jaume)

**Description:** 64 Time - 2 Walls - (Level 2 medium)

**Music:** Damian Howard - Angela

**Source:** Jaume Sáez & Maria Llinares

#### **Description of the steps:**

##### **ROCK STEP SIDE (R), ½ TURN (R), STOMP UP (L), ROCK STEP SIDE (L), ½ TURN (L), SCUFF (R)**

1-2 Step right foot to right, return weight to left foot

3-4 Turn ½ right leaving right foot on the floor, stomp up left foot on right side (6h)

5-6 Step left foot to left, return weight to right

7-8 Turn ½ left leaving left foot on the floor, scuff right foot (12h)

##### **TOE STRUT (R) with ½ TURN (L), TOE STRUT with ½ TURN (L), POINT SIDE BEHIND (R & L)**

9-10 We mark right toe forward, turning ½ left to lower right heel (6h)

11-12 We mark left toe, turning ½ left to lower left heel (12h)

13-14 We mark right to right, step right behind left

15-16 We mark left to left, step left behind right

##### **KICK TWICE (R), ROCK STEP BACK (R), ROCK STEP FDW (R) with ¼ TURN (L), STEP with ½ TURN (R), SCUFF (L)**

17-18 Kick right forward left diagonally (twice)

19-20 Rock on right foot back, return weight to left foot

21-22 Turning ¼ turn left on right foot forward, return weight to left foot (9h)

23-24 Turning ½ turn right step forward, scuff left foot (3h)

##### **GRAVEPINE (L) JAZZ TRIANGLE (R) ¼ TURN (R), STOMP (L)**

25-26 Step left to left, cross right behind left

27-28 Step left to left, scuff right

29-30 Cross right over left, step back behind left

31-32 Turning ¼ turn right step right forward, stomp left foot side right (6h)

##### **ROCK SIDE (R), RECOVER, CROSS, HOLD, ROCK SIDE (L), RECOVER, CROSS, HOLD**

33-34 Rock right foot to right, return weight to left foot

35-36 Cross right over left, pause

37-38 Rock left foot to left, return weight to right foot

39-40 Cross left over right, pause

##### **STEP FWD (R), ½ TURN (L), ½ TURN (L) with STEP BACK (R), HOLD, SLOW COASTER STEP (L) with SCUFF (R)**

41-42 Step right forward, turn ½ left (12h)

43-44 Turning ½ turn left step right back, pause (weight right leg) (6h)

45-46 Step back left foot, step back right foot beside left foot

47-48 Step forward left, scuff right



**GRAVEPINE (R) ROLLING GRAVEPINE (L)**

49-50 Right turn to right, cross left behind right

51-52 Step right to right, touch left to left

53-54  $\frac{1}{4}$  turn left step forward left foot,  $\frac{1}{2}$  turn left step back right foot

55-56  $\frac{1}{4}$  turn left step left, scuff right

**ROCK STEP FWD (R), STEP BACK (R), HOLD, SLOW COASTER STEP (L) with STOMP UP (R)**

57-58 Rock on right foot forward, return weight to left foot

59-60 Step right back, pause

61-62 Step back left foot, step back right foot beside left foot

63-64 Step forward on left foot, stomp up on right foot beside left foot

**Ending:**

On the 10th wall in time 32 to end the dance we will do a stomp with the left forward (12h)